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Leadership Development Programs:
Emerging Leaders (POWH), CNS Professional Development Day (POWH),
Masters in Advanced Nursing (In Progress)

What motivated you to join the Nightingale Challenge?

Recently, I attended the 'Emerging Leaders Workshop' at the hospital and this day that was focused around leadership inspired me to join the Nightingale Challenge as I feel I am an emerging leader and I continue to proactively look for new opportunities to improve my leadership style and knowledge around this topic. Being able to connect with current specialists in leadership, as well as other emerging leaders who have similarly joined the Nightingale Challenge is exciting as I think it'll allow us to network opportunities with each other and bounce ideas back and forth with like-minded people who are interested in leadership globally as it has an international reach. Lastly, I think its so important to celebrate 'The year of the Nurse and Midwife' (which is this year) and what better year than to 2020 to join others in the global movement to develop nursing and midwifery!

What are you hoping to get from your leadership program? How have you begun to achieve this so far?

From this leadership program, I seek to have exposure to more opportunities around broadening my own knowledge around leadership and what this program has to offer. Also, I hope to have more self-awareness of my own leadership style through this program and to become a better transformative leader who can support, teach and learn from colleagues.

I have begun to achieve my goals by enrolling into postgraduate studies, of which I'm in my third semester to try and broaden my knowledge of leadership. Likewise, I attended leadership workshop days when they've been available and have a few coming up including the CNS Professional Development Workshop days which is held at POWH and is focused around leadership development, facilitation, clinical teaching and supervision.

I have started to use these facilitation and clinical teaching skills on the floor when I'm working with students, new staff members and even colleagues that I have worked with for a long time.

How do you hope to influence nursing and midwifery at your site/unit? How do you think this might translate on a global scale?

I hope to display leadership in my work on the floor as a colleague and CNS with other nurses. I hope to motivate and educate others about tertiary study opportunities and workshops for instance that can benefit them in not only improved clinical practice / knowledge but also career opportunities for their future. I honestly hope that I can bring an approachable leadership style to my workplace to create an open and positive work culture that is reflected in the type of leader that I am.

I try to influence a positive workplace culture through collaborating with my team through quality improvement initiatives and supporting them to have a voice and advocate for patient safety.

If we put out a positive, pro learning energy and connect with others globally, this could create more of an innovative nursing and midwifery global community that leads and advocates for their colleagues, patients and the wider community.

How can nursing and midwifery leaders support your leadership development?

This question really makes me reflect on the 30 minute talk the DON of POWH gave at the emerging leaders' workshop this year. Hearing her speak really provided inspiration for me to strive for what I want to achieve and to reach out to those I see as leaders to continue to help me grow as a leader. I think it was very beneficial to hear her speak to us about her journey and her leadership style and I think it'd be of benefit of other nursing and midwifery leaders to do the same and even take on mentoring roles to help emerging leaders in their development.

Also, more advertisement of leadership programs and opportunities such as the Emerging NUMs program for instance, shared amongst clinical staff would be beneficial to helping myself as well as others in leadership development.